

HEALTH EDUCATION MINOR FOR SECONDARY TEACHING

Updated November, 2011

This Health Education minor is intended for Secondary certification students and consists of a minimum of 22 credits. Candidates for certification in this minor must pass the Michigan Test for Teacher Certification (MTTC) in Health Education (Test #43). You must demonstrate your knowledge in the following categories:

Subject Area	Approximate Percentage of Questions on Test
1. Basic Health Concepts	26%
2. Health Skills and Behaviors	26%
3. School Health Education	26%
4. Professional Responsibilities	22%

You may access a study guide at the MTTC testing site; the courses below have been selected from the Health curriculum so that you will be well prepared for the test.

REQUIRED COURSES (22 credits)

SUBJECT/ COURSE	TITLE	CREDIT HOURS	SEMESTER	GRADE
KIN 140	Health Dynamics	2		
KIN 203	Health Skills and Enhancement	2		
KIN 208	Introduction to Nutrition	3		
KIN 251	Foundations for Teaching Health Education	3		
KIN 351	Planning Coordinated School Health Programs	3		
KIN 451	Methods of Teaching Health Education I	3		
KIN 453	Health Education Methods II & Sexuality Education	3		
KIN 455	Measurement and Evaluation in Health Education	3		