

KINESIOLOGY MAJOR FOR TEACHING SECONDARY PHYSICAL EDUCATION *April 2011*

The major in Kinesiology for Secondary teachers of Physical Education consists of a minimum of 31 credits. Candidates for certification in this major must pass the Michigan Test for Teacher Certification (MTTC) in Physical Education (Test #44). You must demonstrate your knowledge in the following categories:

| Subarea | Approximate % of Questions on Test |
|---|---|
| 1. Physical Activity, Fitness & Health | 17% |
| 2. Movement & Lifelong Physical Activity | 27% |
| 3. Growth, Development & Learning | 14% |
| 4. Planning, Instruction & Assessment | 14% |
| 5. Management, Motivation & Communication | 14% |
| 6. Foundations & Professional Collaboration | 14% |

You may access a study guide at the MTTC testing site; the courses below have been selected and designed so that you will be well prepared for the test.

The following chart is intended to provide you a guide for scheduling your semesters and for keeping track of your grade point average.

FOUNDATIONAL COURSES (8 credits)

| SUBJECT/ COURSE | TITLE | CREDIT HOURS | SEMESTER | GRADE |
|--|--|-----------------|----------|-------|
| KIN 201 | Introduction to Physical Education and Lab | 4 | | |
| After completion of the KIN 201, you will be assigned four skill development classes in areas of deficiency (basketball, softball, badminton, tennis, swimming, weight training, aerobics, dance – KIN 101-199). 4 credits – not KIN 140 | | 4 | | |
| 1. _____ 2. _____ 3. _____ 4. _____ | | | | |

GENERAL KINESIOLOGY REQUIRED (10 credits)

| SUBJECT/ COURSE | TITLE | CREDIT HOURS | SEMESTER | GRADE |
|--------------------------|---|-----------------|----------|-------|
| KIN 222 | Exercise Physiology | 3 | | |
| KIN 223 | Exercise Physiology Lab | 1 | | |
| KIN 301 | Motor Development | 3 | | |
| KIN 221 OR KIN 383 | Anatomical Kinesiology Mechanical Analysis of Human Movement | 3 3 | | |

REQUIRED METHODS COURSES (13 credits)

| SUBJECT/ COURSE | TITLE | CREDIT HOURS | SEMESTER | GRADE |
|--------------------|---|-----------------|----------|-------|
| KIN 330 | Principles and Practices of Coaching | 3 | | |
| KIN 344 | Basic Methods of Teaching Physical Ed & Lab (<i>must precede KIN 346</i>) | 4 | | |
| KIN 346 | Methods of Teaching Secondary P.E. & Lab | 3 | | |
| KIN 350 | Adapted and Therapeutic Physical Education | 3 | | |

This MUST be completed prior to the student teaching semester!