

KINESIOLOGY MINOR FOR TEACHING SECONDARY PHYSICAL EDUCATION

Updated April 2011

The minor in Kinesiology for Secondary teachers of Physical Education consists of a minimum of 25 credits. Candidates for certification in this major must pass the Michigan Test for Teacher Certification (MTTC) in Physical Education (Test #44). You must demonstrate your knowledge in the following categories:

Subarea	Approximate % of Questions on Test
1. Physical Activity, Fitness & Health	17%
2. Movement & Lifelong Physical Activity	27%
3. Growth, Development & Learning	14%
4. Planning, Instruction & Assessment	14%
5. Management, Motivation & Communication	14%
6. Foundations & Professional Collaboration	14%

You may access a study guide at the MTTC testing site; the courses below have been selected and designed so that you will be well prepared for the test.

The following chart is intended to provide you a guide for scheduling your semesters and for keeping track of your grade point average.

FOUNDATIONAL COURSES (8 credits)

SUBJECT/ COURSE	TITLE	CREDIT HOURS	SEMESTER	GRADE
KIN 201	Introduction to Physical Education and Lab	4		
After completion of the KIN 201, you will be assigned four skill development classes in areas of deficiency (basketball, softball, badminton, tennis, swimming, weight training, aerobics, dance – KIN 101-199). 4 credits – not KIN 140		4		
1. _____ 2. _____ 3. _____ 4. _____				

GENERAL KINESIOLOGY REQUIRED (10 credits)

SUBJECT/ COURSE	TITLE	CREDIT HOURS	SEMESTER	GRADE
KIN 222	Exercise Physiology	3		
KIN 223	Exercise Physiology Lab	1		
KIN 301	Motor Development	3		
KIN 221 OR KIN 383	Anatomical Kinesiology Mechanical Analysis of Human Movement	3 3		

REQUIRED METHODS COURSES (7 credits)

SUBJECT/ COURSE	TITLE	CREDIT HOURS	SEMESTER	GRADE
KIN 344	Basic Methods of Teaching Physical Ed & Lab (<i>must precede KIN 346</i>)	4		
KIN 346	Methods of Teaching Secondary P.E. & Lab	3		