



Meeting Guidelines

Part 3: Students Mentoring Others

- First Meeting
 - Meet in person in a public place and open space.
 - Introduce yourselves with a brief biography.
 - Discuss if you have been in a mentoring relationship before and, if so, what was learned from that experience.
 - Reflect on what you hope to gain from this mentoring program experience—your reasons for participating in the mentoring program; for example, consider this definition of mentoring: “Mentoring is an interactive learning relationship mutually recognized and defined by both the mentor and the student with the purpose of increasing maturity in leadership” (adapted from Walter Wright’s *Relational Leadership*).
 - Think about how the Hope student mentor can be most helpful to the other person(s).
 - To the Hope student mentor: NOTE that this is a 40-hour commitment.
 - Discuss the “ground rules” of the mentoring experience. What are your expectations and concerns? How would you like to communicate?
 - Review mentoring strategies, including our expectations about weekly conversations, attending the Mentoring Conversation events, and the meeting guidelines below.
 - To the Hope student mentor: take notes. A reflection paper is due at the end of the mentoring experience.
- Second Meeting
 - Before this meeting, Read *Mentoring: Two Voices* by Max DePree and Walter Wright.
 - To the student: Under the “Step by Step Approach,” review Step #4 and do Steps #10, #11, #12, #14, #15, #16, #17, #18, #19.
 - Share stories about your life. What events had a significant impact on you? What are your favorite memories? When were you at your best? What can you learn from this?
 - To the Hope student mentor: take notes. A reflection paper is due at the end of the mentoring experience.
- Third Meeting
 - To the Hope student mentor: Continue the conversation. Re-read *Mentoring: Two Voices* by Max DePree and Walter Wright. What did you find interesting or insightful from Max DePree’s contribution? What do you find worthy of and appropriate for sharing?

- Fourth Meeting
 - To the Hope student mentor: Think (again) about your unique gifts. Review “Managing Oneself” by Peter Drucker and “How to Play to Your Strengths” by Robert Quinn et al.
 - To the Hope student mentor: Encourage your mentee(s) to think about who he/she is and to get feedback from others.
 - To the Hope student mentor: take notes. A reflection paper is due at the end of the mentoring experience.
- Fifth Meeting
 - To Hope student mentor: If possible, encourage your mentee(s) to create a network of people who can help her/him learn about themselves and their gifts and pursue her/his calling and career.
 - To the Hope student mentor: take notes. A reflection paper is due at the end of the mentoring experience.
- Sixth Meeting
 - To the Hope student mentor: Debrief your experiences in the Mentoring Program and encourage your mentee(s) to do the same. Decide if you wish the learning relationship to continue and, if so, how.
 - To the Hope student mentor: Re-write a personal mission statement: For example: “The purpose of my life at Hope College is to.....” “The purpose of my life at this point in time seems to be to....” List some goals and ways of meeting those goals.
 - To the Hope student mentor: take notes. A reflection paper is due at the end of the mentoring experience.
- Reflection Paper
 - To the Hope student mentor: Write a 3-4 page reflection paper on your mentoring (Part 2: Mentoring Others) experience. Talk about your expectations of the program, what you did during the program, and what you learned from the program. Also write about what you intend to do next: your mission, goals, and strategies for achieving your goals.
 - **E-MAIL the reflection paper to us (floding@hope.edu). Note: you will not receive credit for the mentoring experience until we receive and review your paper.**