

**PHYSICAL AND HEALTH EDUCATION MAJOR  
COURSE SEQUENCE SUMMARY**
**PRE-REQUISITE COURSE:**

	<u>Credit</u>	<u>Sem</u>
GEMS 158 Human Bio. In Health and Disease	3	S
GEMS 158L Human Bio. In Health and Disease Lab	1	S

**REQUIRED COURSES:**

	<u>Credits</u>	<u>Sem</u>
<u>Prerequisites</u>		
KIN 155 Lifeguarding	2	S
KIN 160 Teaching of Rhythm & Movement	2	F– even year
KIN 200 Human Anatomy	3	F/S
KIN 200L Human Anatomy Lab	1	F/S
KIN 204 Exercise Physiology for PE and Health	3	F– even year
GEMS 158		
KIN 204L Exercise Physiology for PE and Health Lab	1	F– even year
GEMS 158		
KIN 251 Foundations and Theory in Health and PE	3	F– even year
KIN 251L Foundations and Theory in Health and PE Lab	1	F– even year
KIN 301 Motor Development	3	S – even year
KIN 330 Principles of Coaching	3	S
KIN 344 Basic Methods of Teaching PE	3	S – even year
KIN 345 Methods & Clinical Experiences in PE	4	F– odd year
KIN 350 Adapted & Therapeutic PE	3	F– even year
KIN 350F Clinical Experiences in Adaptive PE – Clinical Exp.	1	F– even year
KIN 451 Methods of Teaching Health Ed I	3	F
KIN 451F Methods of Teaching Health Ed I – Clinical Exp.	1	F
KIN 453 Health Ed Methods II & Sex Ed	3	S
KIN 453F Health Ed Methods II & Sex Ed – Clinical Exp.	1	S
KIN 455 Data & Assessment in PE and Health	3	S
KIN 455L Data & Assessment in PE and Health Lab	1	S

Total Credits 45