

ASC RECOMMENDATION -- ORGANIZE YOUR TIME!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00		8:00	8:00	8:00	8:00	8:00	8:00
9:00		9:00	9:00	9:00	9:00	9:00	9:00
10:00		10:00	10:00	10:00	10:00	10:00	10:00
11:00		11:00	11:00	11:00	11:00	11:00	11:00
11:30		11:30	11:30	11:30	11:30	11:30	11:30
12:00		12:00	12:00	12:00	12:00	12:00	12:00
12:30		12:30	12:30	12:30	12:30	12:30	12:30
1:30		1:30	1:30	1:30	1:30	1:30	1:30
2:30		2:30	2:30	2:30	2:30	2:30	2:30
3:30		3:30	3:30	3:30	3:30	3:30	3:30
4:30		4:30	4:30	4:30	4:30	4:30	4:30
5:30		5:30	5:30	5:30	5:30	5:30	5:30
6:00		6:00	6:00	6:00	6:00	6:00	6:00
7:00		7:00	7:00	7:00	7:00	7:00	7:00
8:00		8:00	8:00	8:00	8:00	8:00	8:00
9:00		9:00	9:00	9:00	9:00	9:00	9:00
10:00		10:00	10:00	10:00	10:00	10:00	10:00
11:00		11:00	11:00	11:00	11:00	11:00	11:00