

Management of ADHD/ADD

- Diagnosis-related documentation must be received from the student's primary care provider and faxed to Hope Health Center at 616-395-7144. This documentation is to include a letter from the primary physician and current medication the student is prescribed. Updated dosing information must be faxed *yearly* from the student's primary care provider.
- The Hope College student insurance DOES NOT cover the costs of appointments or medication involving this diagnosis. All prescriptions for on-going monthly medication are to be written by the diagnosing physician. The prescriptions can be filled at any local Holland pharmacy. HOPE HEALTH CENTER DOES NOT CARRY ANY MEDICATIONS FOR ADHD/ADD.
- If a student has forwarded the proper documentation regarding a diagnosis of ADHD/ADD and is having problems obtaining the medication on a timely basis, the student has the choice of seeing our medical director, Dr. Mark Stid who can help facilitate on-going treatment for the student. Dr. Stid is available in our campus clinic once every 5 weeks on Thursday morning so appointments are limited. A payment of \$30 for his office visit will be required for this service in return for on-going medication prescriptions for a time period to be determined by Dr. Stid. This will help facilitate a constant flow of medication without shortage. THIS WILL REQUIRE SOME PRE-PLANNING ON THE STUDENT'S PART IN ORDER TO GET AVAILABLE APPOINTMENTS HERE ON CAMPUS!!
- If a student has never been diagnosed with ADHD/ADD and desires an evaluation/testing for this condition, the student can call the Behavioral Health Unit at 616-355-3926. This facility is located at 854 S. Washington which is close to campus. The student will then undergo 1-3 hours of evaluation/testing by a licensed Ph.D. This evaluation will be submitted to the student's primary health care insurance and should be cleared with the individual carrier BEFORE the testing to identify any uncovered costs. If medication is needed, a local psychiatrist will prescribe the appropriate medication and follow-up treatment.
- Any further questions may be directed to the Hope College Health Center 616-395-7585. Don't forget to visit our website at www.hope.edu/admin/healthcenter for additional health care information.

