

## **Employee Assistance Program**

The Employee Assistance Center (EAC) provides Hope College employees with an Employee Assistance Program (EAP). This benefit is designed to offer CONFIDENTIAL assistance to you, your immediate family members, and significant others whose personal problems are affecting your quality of life and/or job performance. The Employee Assistance Program provides access to professional Masters degree-level counselors in offices throughout West Michigan (including Holland, Grand Haven, Grandville, and Grand Rapids). The program provides up to 6 visits with a counselor at no cost to the employee or family.

If you need assistance, take advantage of the EAC by calling them toll free at 1.800.227.0905. Client Service Representatives are available during the day to schedule an appointment, but if you need to speak with someone immediately, you can access a counselor 24 hours a day. For additional resources for work/life situations, visit the EAC website [www.eaccares.com](http://www.eaccares.com) (access passwords are available on the Human Resources website).