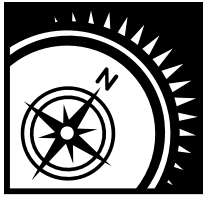


**Hope College TRiO Upward Bound
Senior Seminar Syllabus
2010 Spring Syllabus**



Course Description: Senior Seminar is designed to provide Upward Bound seniors with a variety of practical tools to continue preparing for college. It is also modeled after a college level “Freshman Success” course and will be based on the book *On Course: Strategies for Creating Success in College and in Life* by Skip Downing. Attendance is required at all class dates.

Location: VanZoeren 151 & 152 (Lab) **Time:** 4:00-5:30 p.m.

January 27, 2010	Getting Back on Course/Review On Course Quiz I Prep
February 10, 2010	Discovering Self-Motivation/ Gaining Self-Awareness On Course Quiz I
February 24, 2010	Mastering Self-Management Portfolio III Due
March 10, 2010	Employing Interdependence/Campus Resources
March 24, 2010	Adopting Life Long Learning/Developing Emotional Intelligence
April 14, 2010	Presentation Preparation (Rough draft of presentation due) On Course Quiz II
April 21, 2010	Presentation Rehearsal (Final copy of presentation due) Portfolio IV Due
April 23, 2010 (Friday)	Academic Year Celebration/Senior Presentations