

## Transferring Video from VHS Tape to iMovie

1. Connect the 4 to 6 pin Firewire cable from the Mac to the I/O port on the black box. Connect the audio/video cables from the **Video In** and **Audio In** on the black box to the **Video Out** and **Audio Out** ports on the VCR. Be sure that the light is on for **Analog In**. If it isn't, press the grey switch on top of the box.
2. Turn the VCR on. Set the tape to the place you want to begin copying from.
3. On the Mac, open iMovie. The icon is in the bottom middle of the screen.

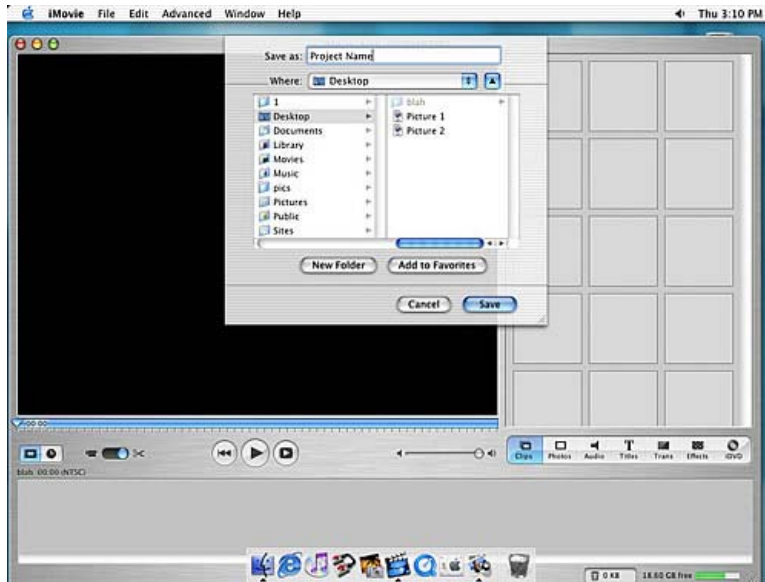


4. After iMovie opens, select **File->New Project**

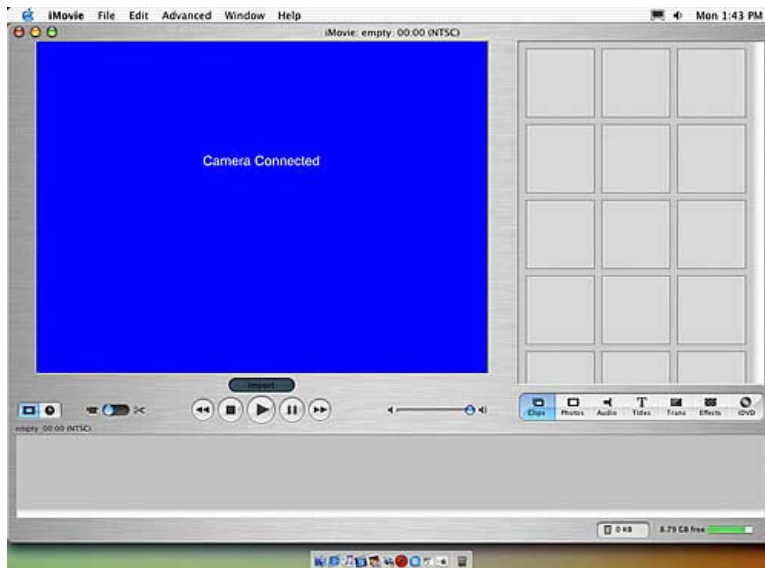


5. **VERY IMPORTANT – Name your project.** In left column of the new window, select **Desktop** and type a name for your project, **using the following format: "jsmithCivilRights"**

(The first initial of your first name, followed by your last name & then follow with the topic)



6. Move the slider near the bottom-left from the scissors to the camera position. The display should turn blue and display the words "Camera Connected."



7. Select the **Import** button, then press play on the VCR. The video should begin importing. When you have finished importing, finished, press the **Import** button again to stop importing. Then press **stop** on the VCR.

☺ **Now you are ready to begin editing your movie.**