

## QuickStart Lessons (Grades K-6)

**Scroll down for grades 7-8**

**Session 3 Jan 4-Mar 13: (10 weeks)**

-- One week off from March 15-20 / HS girls' teams use the club --

**Session 4 Mar 22- June 4: (11 weeks)** (No class April 3-10 - Spring Break)  
(No class May 31 –Memorial Day)

*Due to Hope College team matches and practices, classes are cancelled several times. Please carefully note which days your class does not meet; prices have already been adjusted.*

**What is QuickStart?:** QuickStart Tennis is America's exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. *It's the fast, fun way to get kids into tennis-- and keep them playing.*

Checkout Jorge's QuickStart video on YouTube: <http://www.youtube.com/watch?v=icolu-ny9jl>

**ANKLE BITERS: (Grades K-2)** - This class uses the USTA "QuickStart" format where players play on a 36' court with foam balls. The goal of this class is to introduce hand-eye and tracking skills for future success.

Day / Time	Session	Members	Guests	Meets	No practice on
Saturday 8:15 – 9 a.m.	S3	\$108	\$126	9	Feb 20
	S4	\$60	\$72	6	Apr 3, 10, 24, May 1, 29

**LITTLE STARS: (Grades 3 & 4)** - This class uses the new USTA "Quick Start" format where players play on a 36' court with larger low compression balls. The goal of this class is to teach players "rallying" skills.

Day / Time	Session	Members	Guests	Meets	No practice on
Saturday 9-10 a.m.	S3	\$144	\$162	9	Feb 20
	S4	\$72	\$84	6	Apr 3, 10, 24, May 1, 29

**NEW**

**Open Gym Nights: (Grades 2-5)** This drop-in class is a play format (Not instructional.) Players in this class are paired up and practice match play using a 36' QuickStart court.

Day / Time	Grades	Members	Guests	Meets	No practice on
Fri 6-7 p.m.	2 & 3	\$5 /day	\$5 /day	ongoing	Call 616-395-4965
Fri 7-8 p.m.	4 & 5	\$5 /day	\$5 /day	ongoing	Call 616-395-4965

**JUNIOR CUPPERS: (Grades 5 & 6)** - This class uses the new USTA “Quick Start” format where players play on a 60’ court with regular-sized low compression balls. The goal of this class is to build on players “rallying” skills.

Day / Time	Session	Members	Guests	Meets	No practice on
Saturday 8:30-10 a.m.	S3	\$216	\$243	9	Feb 20
	S4	\$108	\$126	6	Apr 3, 10, 24, May 1, 29

## Junior Lessons (Grades 7-8)

**Session 3 Jan 4-Mar 13: (10 weeks)**

-- One week off from March 15-20 / HS girls’ teams use the club --

**Session 4 Mar 22- June 4: (11 weeks)** (No class April 3-10 - Spring Break)  
(No class May 31 –Memorial Day)

*Due to Hope College team matches and practices, classes are cancelled several times. Please carefully note which days your class does not meet; prices have already been adjusted.*

**TOURNAMENT ROOKIES: (Grades 7 & 8)** - The main goal of this class is to prepare players for their high school tennis teams. Drills are used to create match-like scenarios. Players are encouraged to fix any technical deficiencies before they enter high school.

Day / Time	Session	Members	Guests	Meets	No practice on
Thursday 6-8 p.m.	S3	\$320	\$360	10	-----
Thursday 4-6 p.m.	S4	\$216	\$252	9	Apr 8
Day / Time	Session	Members	Guests	Meets	No practice on
Saturday 10-11:30 a.m.	S3	\$216	\$243	9	Feb 20
	S4	\$108	\$126	6	Apr 3, 10, 24, May 1, 29