



# What Can I Do with a Major in...

## Athletic Training

### Possible Career Options

(some career areas require advanced education)

Athletic Director  
Camp Director  
Certified Athletic Trainer  
Commercial Wellness Center  
Director  
Community Fitness Director  
Corporate Health Advisor  
Dietitian  
Director of Recreation  
Exercise Physiologist  
Exercise Specialist  
Fitness Center Director  
Health Educator  
Health Practitioner  
Nurse  
Occupational Therapist  
Personal Trainer  
Pharmaceutical Salesperson  
Physical Education Teacher  
Physical Therapist  
Physician  
Physicians Assistant  
Recreation Therapist  
Rehabilitation Specialist  
Sports Psychologist  
Weight Management Specialist  
Wellness Coordinator

### Leadership/Management Skills

- Develops, delivers, and administers health care services
- Educates and counsels athletes and their families on issues pertaining to injury prevention and treatments
- Possesses ability to motivate and educate
- Recognizes, evaluates, assesses injuries by athletes and the physically active
- Works well under stressful situations

### Communication/Writing Skills

- Communicates with various members of the sports medicine team
- Possesses ability to motivate and educate
- Communicates effectively
- Understands medical terminology and treatment orders

### Research/Analytical Skills

- Employs good observation skills
- Identifies the physiological factors involved in physical movement and sports participation
- Implements, administers, and evaluates physical education and athletic programs physiological responses
- Possesses knowledge of personal fitness
- Ability to think critically and analytically to solve problems
- Understands the biomechanical principles related to movement

### Other Skills

- Ability to deal with injuries
- Emphasizes lifelong fitness and physical activity
- Plans lessons and activities for various ages and ability levels
- Possesses a healthy lifestyle

## Print and Web Resources

### OCS Books

*Career Opportunities in the Sports Industry*  
*Careers for Health Nuts and Others Who Like to Stay Fit*  
*Careers for Sports Nuts and Other Athletic Types*  
*The 50 Coolest Jobs in Sports*

### Online Career Resources

*Occupational Outlook Handbook*  
[www.bls.gov/oco/ocos294.htm](http://www.bls.gov/oco/ocos294.htm) (Athletic Trainers)  
[www.bls.gov/oco/ocos080.htm](http://www.bls.gov/oco/ocos080.htm) (Physical Therapists)  
[www.bls.gov/oco/ocos081.htm](http://www.bls.gov/oco/ocos081.htm) (Physician's Assistant)  
[www.bls.gov/oco/ocos082.htm](http://www.bls.gov/oco/ocos082.htm) (Recreation Therapist)  
[www.bls.gov/oco/ocos078.htm](http://www.bls.gov/oco/ocos078.htm) (Occupational Therapist)

### Internship Electronic Resources

*After College*  
[www.aftercollege.com](http://www.aftercollege.com)

*Idealist and Action Without Borders*  
[www.idealists.org](http://www.idealists.org)

*Local Internships*  
[www.hope.edu/knowhope/internships/index.cgi](http://www.hope.edu/knowhope/internships/index.cgi)

### Employment Opportunity Electronic Resources

*American College of Sports Medicine*  
[www.acsm.org](http://www.acsm.org)

*Cool Works*  
[www.coolworks.com](http://www.coolworks.com)

*National Athletic Trainers Association*  
[www.nata.org](http://www.nata.org)

*National Sports Employment News*  
[www.sportsemploymentnews.com](http://www.sportsemploymentnews.com)

*NCAA*  
[www2.ncaa.org](http://www2.ncaa.org)

*Spotlight on Careers*  
[www.spotlightoncareers.org](http://www.spotlightoncareers.org)

**More resource links are available at the Office of Career Services website:**  
[www.hope.edu/student/career](http://www.hope.edu/student/career)

**More information provided at the Hope College Kinesiology Department website:**  
[www.hope.edu/academic/kinesiology/athtrain](http://www.hope.edu/academic/kinesiology/athtrain)

## Professional Associations

**Aerobic and Fitness Association of America**  
[www.afa.org](http://www.afa.org)

**American Academy of Orthopedic Surgeons**  
[www.aaos.org](http://www.aaos.org)

**American Academy of Physician's Assistants**  
[www.aapa.org](http://www.aapa.org)

**American Alliance of Health, Physical Education, Recreation and Dance**  
[www.aahperd.org](http://www.aahperd.org)

**American College of Sports Medicine**  
[www.acsm.org](http://www.acsm.org)

**American Diabetes Association**  
[www.diabetes.org](http://www.diabetes.org)

**American Dietetic Association**  
[www.eatright.org](http://www.eatright.org)

**American Heart Association**  
[www.americanheart.org](http://www.americanheart.org)

**American Occupational Therapy Association**  
[www.aota.org](http://www.aota.org)

**American Physical Therapy Association**  
[www.apta.org](http://www.apta.org)

**American Physiological Association**  
[www.the-aps.org](http://www.the-aps.org)

**Association for the Advancement of Applied Sport Psychology**  
[www.aaasp.org](http://www.aaasp.org)

**International Sports Science Association**  
[www.issaonline.org](http://www.issaonline.org)

**Medical Fitness Association**  
[www.medicalfitness.org](http://www.medicalfitness.org)

**National Athletic Trainers Association**  
[www.nata.org](http://www.nata.org)

**National Strength and Conditioning Association**  
[www.nasca-lift.org](http://www.nasca-lift.org)

## Hope Graduates in the Athletic Training World

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Activities Support Specialist.....	Kandu Industries
Certified Athletic Trainer .....	Duke University
Assistant Women's Swimming Coach.....	University of Akron
Athlete/Coach Specialist.....	National Collegiate Scouting Association
Certified Athletic Trainer .....	Sports Medicine Grand and Orthopedic Association
Athletic Training Intern.....	Green Bay Packers
Baseball Broadcaster .....	New York Yankees
Certified Athletic Trainer .....	Premier Services Physical Therapy
Certified Athletic Trainer, Assistant to Physician.....	Michigan Sports and Spine Center
Corporate Fitness .....	Johnson Controls
Director of Wellness .....	Priority Health
Director, Ticket Sales Administration .....	Seattle Mariners
Event Services Manager, Group Sales.....	Arlington Park Racetrack
Exercise Physiologist.....	Rush University Medical Center
Fitness Program Manager & Group Exercise Director.....	Harvard University
Marketing Coordination .....	Michigan High School Athletic Association
PGA Golf Pro.....	Michigan State University
Physical Therapist.....	Detroit Institute for Children
Physical Therapist.....	Duke University Health System
Professional Baseball Management.....	Harrisburg Senators Baseball
Professional Umpire.....	Minor League Baseball—St. Petersburg
Promotions Manager.....	Pacers Sports & Entertainment
Sales & Marketing Coordinator.....	Detroit Shock
Sales Representative .....	Detroit Pistons
Sports Consultant .....	Exclusive Sports Marketing
Sports Copy Editor .....	Grand Rapids Press
Sports Marketing Representative.....	Adidas America
Tour Director.....	United States Tennis Association
Vice President .....	RDV Sportsplex
Wellness Specialist/Consultant .....	HealthBiz, Inc.
Wide Receivers Coach .....	Central Connecticut State University